

**BOSOMTWE DISTRICT ASSEMBLY**

**ENVIRONMENTAL HEALTH UNIT**

**ORIENTATION GIVEN TO SCHOOL FEEDING PROGRAM CONTRACTORS  
ON NUTRITION**

Nutrition we say help us to improve our health as well as to prevent us from diseases.

Everybody needs nutrient day in and day out to help in maintaining health and build the body to reduce the risk of chronic diseases.

On the 15<sup>th</sup> February, 2021, a team of Environmental Health officers in Bosomtwe District Assembly went to orient school feeding contractors on nutrition at Apotuogya Roman Church.

One woman called Akua Badu a participant, prayed for commencement of the program.

Madam Lydia Asare, an environmental health officer gave a brief introduction about nutrition and how important it is.

She advised that taken in food that contains the right proportion of nutrients will helped the children to grow well and also increase their energy level as well as improve their abilities to cope with stress and increase concentration and performance of the student in various schools. She noted that feeding the children with nutritious foods will help in building their body stature and also replace worn out tissues. She therefore let them understand that nutrient help in body growth that food without nutrient may affect the function of the body organs.

On her part, Ms Naa Ayorkor also advised the participant that taking a balance diet will improve their health and prevent diseases.

She said taken in the right nutrition helps in reduction of high blood pressure, improved the ability of the children to recover from illness or injury

She concluded the orientation by saying that lack of nutrient in our food or diet will put the school children at risk such as kwashiorkor, stunted growth, marasmus and others. Poor brain development, weak learning, immune system will increased infection diseases and can causes people to death. She said that they should always cook food that contain the right nutrient to help boost their immune system.

## RECOMMENDATION

1. The contractor should always provide foods which contains nutrient for the student.
2. Food should be cook under hygienic environment.



## **SCHOOL FEEDING PROGRAM CONTRACTORS**

<b>NO</b>	<b>CATERER NAMES</b>	<b>SCHOOLS</b>
1.	ADOMA JANET	HOMABENASE R/C PRIMARY AND KG
2.	AGNES ANTWI	WORAKOSE D/A PRIMARY AND KG
3.	AGNES POKUAH	ADAGYA D/A PRIMARY AND KG
4.	AGNES POKUAH	SWEDRU D/A PRIMARY AND KG
5.	ATTAA BIRAGO	ASISIRIWA METHODIST PRIMARY AND KG
6.	AWUAH JANET	ADWAFO-LAKE METHODIST PRIMARY AND KG
7.	BEATRICE AMPONSAH	ESERESO D/A PRIMARY AND D/A KG
8.	BERTHA A. POKUA	KOKODEI METHODIST PRIMARY AND KG
9.	CHRISTIANA ADWUBI	KROM-ADWAFO D/A PRIMARY
10.	CHRISTIANA KWATEMAA	DEDUAKO D/A PRIMARY AND KG
11.	COMFORT NYAME	ADWUMAM R/C BASIC SCHOOL
12.	COMFORT NYAMESEM	ABONO R/C PRIMARY AND D/A KG
13.	COMFORT NYAMESEM	ABAASE D/A PRIMARY AND ANYINATIASE R/C PRIMARY
14.	DORIS AWUAH	OYOKO R/C PRIMARY AND K/G
15.	SYLVIA ASOMADU SARKODIE	KUNTANASE D/A PRIMARY AND D/A KG
16.	ELIZABATH OPPONG	NYAMEANI METHODIST PRIMARY AND KG
17.	ESTHER ADU BOAKYEWAA	BEPOSO R/C PRIMARY AND KG
18.	FAUSTINA OSEI	JACHIE D/A1 PRIMARY
19.	FELICIA KUSI APPIAH	PIASE D/A PRIMARY AND KG
20.	GLADYS OFORI BOAFO	BRODEKWANO METHODIST PRIMARY AND KG
21.	GLADYS SERWAA SARFO	JACHIE ANGLICAN PRIMARY
22.	HANNAH BONSU	PRANYINASE D/APRIMARY AND KG
23.	JANET ADUSEI	APUTUOGYA D/A PRIMARY AND KG
24.	JANET ADUSEI	JACHIE D/A KG /STEM
25.	JANET ADUSEI	PRABON D/A BASIC SCHOOL
26.	JANET ADUSEI	AKOKOFE R/C BASIC SCHOOL
27.	JOANA OPOKU	AMAKOM METHODIST PRIMARY AND KG
28.	JOANA OPOKU	ADJAMAM PRIMARY AND KG
29.	JOYCE ASANTE	SEWUA D/A 1 PRIMARY
30.	LUCY YAA ACHEAMPONG	FEYIASE R/C PRIMARY AND KG
31.	LYDIA SUGLO ADAMS	DEDESUA D/A PRIMARY AND KG
32.	LYDIA SUGLO ADAMS	NKWANTA D/A PRIMARY AND KG
33.	MARY BOATENG	NYAMEANI D/A PRIMARY AND KG
34.	MARY BOATENG	BONKORKOR D/A BASIC SCHOOL
35.	MATILDA PREMPEH	KUNTANASE R/C PRIMARY AND KG
35.	MATILDA PREMPEH	ONWE R/C PRIMARY AND KG
36.	NANA AMA AGYEMANG	JACHIE D/A 2 PRIMARY
37.	PRISCILLA ANTWE BOASIAKO	PRAMSO R/C PRIMARY AND KG
38.	RITA AGYEMANG	APINKRA ANGLICAN PRIMARY AND KG
39.	OHEMENG SERWAA	MIM-PIPIE R/C PRIMARY AND KG
40.	RITA MANU	BRODEKWANO D/A PRIMARY AND KG
41.	SAMANTA ALHASSAN	NUASO ANGLICAN PRIMARY AND KG
42.	PRISCILLA ADDAI POKU	AKWADUO D/A PRIMARY AND KG
43.	PRISCILLA ADDAI POKU	ATOBIASE R/C PRIMARY AND KG
44.	FELICIA ADDAI POKU	TOAFOAM D/A PRIMARY AND KG
45.	VIVIAN DWOMOH	ABUONTEM R/C PRIMARY AND D/A KG
46.	ABIGAIL ACHIAA	DEDUAKO D/A BASIC SCHOOL
47.	GRACE DODOO	ADUADIN METHODIST PRIMARY AND KG
48.	MARY OPOKU	KONKOMA D/A BASIC SCHOOL
49.	THERESAH NKETIAH	EDWINASE D/A BASIC

**CHARLES SASAH TETTEH**

**(D.E.H.O)**